

Supply list for

# Beginning Oil Painting

*Getting started with oil painting supplies is expensive in the beginning. However, once the basic supplies are purchased, you only have to buy canvas and paints! It is well worth the investment!*

1. **Box** or Container for paints: Can be a wooden box, a plastic Rubber Maid carry-all, a fishing tackle box, or whatever.
2. **Paints** - One (37 ml tube) of each of the following colors:

Perm. Alizarin Crimson	Veridian Green	Cerulean Blue
Cadmium Red Light	Burnt Umber	Ultramarine Blue
Cadmium Orange	Burnt Sienna	Manganese Violet (or Diox Purple)
Cadmium Yellow Med.	Yellow Ochre	Titanium White

*(Optional: Windsor Newton Permanent Rose or Quinacridone Red)*
3. **Palette Knife:** one (get one with an angled handle)
4. **Brushes:** Brushes come in four basic shapes:  
Flat, Bright, Round, and Filbert  
  
I use a mix of all kinds of brushes. **10 to 12 brushes** is a good start.  
Get: 3 Large brushes (one flat, one filbert, one round)  
3 Medium brushes (one flat, one filbert, one round)  
3 Small brushes (one flat, two round)
5. **Palette:** Usually one comes inside your wooden paint box or you can choose from several kinds at the art store. Utrecht also has a large notebook of disposable palette "paper." Get the GRAY sheets! The sheets are disposable and you can throw them away easily when cleaning up.
6. **Large Container of Mineral Oil** - You can get this at the grocery store. The scented version would be "baby oil." We use this for cleaning both brushes and hands.
7. **Empty can:** I suggest a large empty can or pot to set your dirty brushes in while you paint. You can fill the bottom third with rocks, marbles, or dried beans/rice to stick the brush handles in - this keeps them the wet brush tips from touching each other.
9. **Paper Towels:** one roll (get the cheapest!) and a big box of **TISSUES**
10. **Canvas:** One. Somewhere in between: 8 X 10 and 16 X 20
11. **Easel:** I supply these in my studio (wear clothing that can get dirty)
12. **Oil Painting Medium:** I use Liquin (original formula) or you may buy something like Neo Meglip or Galkyd... If you totally want non-toxic then purchase Walnut Oil from the art store.

*Utrecht is a great store to find supplies and it is right across the street and down a half block from my studio. If you have questions while you're in the store, they are more than happy to help you.*

See you soon! **Susan N. Jarvis, 801-455-3551**